

**WHAT MATTERS IN  
CONTEMPORARY SYSTEMIC  
PRACTICE: WHAT OUR STUDENTS  
HAVE TAUGHT US**

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**SELF:**

Q: What guides your way of "being" when you are with clients?

Q: What difference would it make to consciously consider your way of being?

**ALLIANCE:**

Q: What do you do to strengthen alliance with individuals, sub systems and families?

Q: What is your Theory of Change? And how does that match your client?

**FORMULATION:**

Q: What informs your systems thinking and how you hypothesise about clients and family presentations?

**TREATMENT**

Q: What systemic models can you draw upon to tailor intervention?

Q: And what other therapeutic frameworks can you thoughtfully and purposefully integrate if required?